

Anatomy and Physiology Supply List

Required text:

[The Anatomy Coloring Book](#) by Wynn Kapit and Lawrence Nelson

In addition to the coloring book, I will provide reading passages from free, online textbooks as well as videos and websites for more information.

Optional:

If your student learns best by reading a textbook, there are great ones available including [Apologia's The Human Body](#). However, only the coloring book is required for class.

Required lab materials and supplies:

Round balloon

Yarn

Clothespin

Calculator

Cardstock (white, cream, or other light color)

Tape

Scissors

Colored pencils

Ruler

Iodine

Cornstarch

Plastic sandwich bags

Vinegar

Bleach

In addition to these items, there will be a few other items needed over the course of the year from the grocery store (such as crackers, a raw chicken wing). I will let students know at least a week in advance before any of these items are needed so that they have time to buy them.

Optional but suggested*:

*As expected with an anatomy and physiology class, we will be doing dissections over the course of the year during our regular class time. I will dissect the specimen and livestream the video to the students. Students who wish to dissect alongside me can do so from home. While I will never require a student to do a dissection, dissections are hugely beneficial in understanding the material.

[Dissecting tools](#)

[Dissecting pan](#)

[Preserved cow eye](#)

[Preserved sheep heart](#)

[Preserved sheep brain](#)

[Preserved sheep kidney](#)

[Preserved fetal pig](#)

[Human blood type kit](#)