

TEEN KINDNES CHALLENGE

Your challenge should you choose to accept it, is to make the world a better place by doing one small act of kindness every day to bless someone else. Check each item off as you complete it this month.

1. Send a letter/Christmas card to a soldier overseas.
2. Compliment 2 people today.
3. Hand out pennies at a wishing well/fountain.
4. Forgive someone.
5. Help an elderly friend at church clean out their flower beds/prepare them for winter.
6. Hide kind notes in library books for someone else to find.
7. Organize a sock drive drop them off at a local shelter.
8. Call your grandma and catch up.
9. Pick up trash around the library you and family frequent today.
10. Give a friend a "just because" gift.
11. Volunteer to do the craft/story time one day for your local library.
12. Every time you go through a door, hold it for the next person.
13. Ask 3 people how they are doing today.
14. Write a thank you note to a teacher or mentor in your life.
15. Return someone's grocery cart for them today.
16. Offer to babysit for *FREE* for a mom who could use a night out.
17. Go thru a drive-thru through and pay for the person behind you as well.
18. Carry around a pocketful of quarters and leave them in gumball machines.
19. Offer to carry something heavy for someone today.
20. Take new parents a date night kit. (Movie rental, popcorn, 2 liters of soda, and candy.)
21. Do a random act of kindness for someone in your house.
22. Find 5 ways to say thank you today.
23. Go out of your way to SMILE at all people that cross your path.
24. Make care of dinner for the family tonight-including cleaning up the mess afterwards.
25. Go to a local park with a bucket of chalk and invite others to join in the fun!
26. Donate \$10 to a cause you believe in.
27. Paint some rocks and leave them at random places on your walk that day.
28. Give someone your place in line today.
29. Take \$10 and go buy something and take it to an Angel tree drop off location.
30. Go out for a meal or a dessert and DOUBLE what you would normal tip your waitress and tell them thanks for all they do!